

For Teachers: Please have the students read the sentences one at a time and correct their pronunciation of each sentence then have them repeat after you. Wait until after they read the sentence (use the number in place of the missing word) to have the students choose the correct answer to fill in the blank. When the students finish the article, move on to the further questions.

日本語訳なしタイプ B もございます。スクロールダウンするとございますので好きな方をご利用下さい。

2[B] -Salt and Health

eTOC のレッスン以外で使用禁止 AP1E11-3

1. The U.S. 医療 (いりょう) の 組織 (そしき) medical establishment has (29) that a 高 (たか) い 塩 (しお) 摂取 (せつしゅ) high salt intake 増加 (ぞうか) させる increases the 危険性 (きけんせい) risk of heart disease. It has 心臓病 (しんぞうびょう) tried for years to 試 (こころ) みた persuade Americans to eat より少 (すく) ない less salt, and in April 2010, a 最先端 (さいせんたん) の leading 政策 (せいさく) 研究 (けんきゅう) 機関 (きかん) 要求 (ようきゅう) した 厳 (きび) しい 規定 (きてい) health policy research organization called for 管理 (かんり) する strict regulations to 製造業者 (せいぞうぎょうしゃ) control the amount of salt 批評家 (ひひょうか) manufacturers can put into foods 主張 (しゅちょう) する Critics , however, claim this may be taking things too far.

*Choose the correct answer to fill in the blank from these choices.

7. (29) 1 絶 (た) え間 (ま) なく 主張 (しゅちょう) した changed its view 2 証拠 (しょうこ) continually insisted 最近 (さいきん) 3 recently warned the public 4 presented new evidence

Further Questions&A

*Ask student to answer the question on their own at first. If the student can't answer correctly, have him look at the last page and read the "example answer" for the question. Have the student try to memorize the answer, if it's too long or difficult, you should divide the sentence into 2 or 3 parts to make it easier to remember. Once they have memorized the answer, the teacher should ask the question one last time so that the student can practice answering. Also if you find any mistakes, please mark the page and let me know ASAP.

9. 1) What does a high intake of salt do? 塩 (しお) の 高 (たか) 摂取 (せつしゅ) は 何 (なに) を もたらしますか。
 10. High salt intake increases the risk of heart disease.
 11. 2) What does the US medical establishment tried for years?
 12. アメリカ (あめりか) の 医療 (いりょう) 組織 (そしき) は 数年 (すうねん) 間 (かん)、 何 (なに) を 試 (こころ) みてきましたか。
 13. U.S medical establishment has tried for years to persuade Americans to eat less salt.

14. 最近 (さいきん) Recently, a team of 研究者 (けんきゅうしゃ) researchers in Belgium 発表 (はつびょう) した released the results of a 研究 (けんきゅう) study in which they followed 3,681 people over an eight- year 期間 (きかん) period .
 15. They 発見 (はっけん) した found that those with the 最 (もっと) も低 (ひくい) lowest salt intake were 実際 (じっさい) actually ～しそうな 死 (し) ぬ 心臓病 (しんぞうびょう) に関連 (かんれん) した 死 (し) more likely to die from 心臓病 (しんぞうびょう) に関連 (かんれん) した heart-disease-related deaths. (30), 科学者 (かがくしゃ) scientists at the Albert Einstein College of Medicine in New York 見 (み) つけた found 患者 (かんじゃ) that patients on low-salt diet had a 高 (たか) い greater risk of dying from heart disease.
 16. The Belgian researchers 認 (みと) めた admit their 研究 (けんきゅう) study had 限界 (げんかい) limitations – only 問題 (もんだい) health subjects were 補充 (ほじゅう) された recruited - and 同意 (どうい) する agree that people with 高 (たか) い 血圧 (けつあつ) high blood pressure should 減 (へ) らす reduce salt intake. However, they 見 (み) つけた claim their 主張 (しゅちょう) する their

23. 発見 (はっけん) findings show there is no 関連 (かんれん) link 摂取 (せっしゅ) between high salt consumption and
増加 (ぞうか) した increased risk of heart disease in 健康 (けんこう) な healthy people.
24. increased risk of heart disease in healthy people.

*Choose the correct answer to fill in the blank from these choices.

25. (30) 1 同様 (どうよう) に Similarity 2 にも関 (かか) わらず Nevertheless
 26. 3 結果 (けっか) として Of course 4 As a result

Further Questions&A

27. 3) What kind of study did the researchers in Belgium released?
 28. ベルギーの研究者 (けんきゅうしゃ) はどのような研究 (けんきゅう) を発表 (はっぴょう) しましたか。
 29. *Researchers in Belgium have released the results of a study in which they followed 3, 681 people over an eight year period.*
30. 4) What will most likely to happen to people with low salt intake?
 31. 塩 (しお) の低摂取者 (ていせつしゅ) にはどのようなことが起こり得ますか。
 32. *People with the lowest salt intake were actually more likely to die for heart-disease related death.*
33. 5) What should people with high blood pressure do? 高血圧者 (こうけつあつしや) は何 (なに) をすべきですか。
 34. *People with high blood pressure should reduce salt intake.*

35. The issue is (31). The U.S. medical establishment maintains its 主張 (しゅちよう) する
見解 (けんかい) position, but the research 失敗 (しっばい) する fails to reach 達 (たつ) する consensus . The only 意見 (いけん) の一致 (いっち)
科学者 (かがくしゃ) thing scientists know for sure is that salt 確 (たし) かに affects 影響 (えいきよう) する different individuals 異 (こと) なった
方法 (ほうほう) in different ways . The question is whether all American should eat less salt 個人 (こじん)
広 (ひろ) げる if the health risk only extends to a small portion 部分 (ぶぶん) of the population. 人口 (じんこう)

*Choose the correct answer to fill in the blank from these choices.

40. (31) 1 議論 (ぎろん) された still being debated 2 避 (さ) けられた being avoided by researchers
 41. 3 興味 (きょうみ) attracting little interest 4 評判 (ひょうばん) now receiving more publicity

Further Questions&A

42. 6) What does the research fail to do? 研究 (けんきゅう) は何 (なに) をすることに失敗 (しっばい) しますか。
 43. *The research fails to reach consensus.*
44. 7) What is the only thing that researchers know for sure?
 45. 研究者 (けんきゅうしゃ) が確 (たし) かに知 (し) っているただ一つ (ひとつ) のものは何 (なに) ですか。
 46. *The only thing that researchers know for sure is that salt affects different individual in different ways.*

Review Question

47. 1) What does a high intake of salt do?
 48. *High salt intake increases the risk of heart disease.*

49. 2) What does the US medical establishment tried for year?

50. *U.S medical establishment has tried for years to persuade Americans to eat less salt.*

51. 3) What kind of study did the researchers in Belgium released?

52. *Researchers in Belgium have released the results of a study in which they followed 3, 681 people over an eight year period.*

53. 4) What will most likely to happen to people with low salt intake?

54. *People with the lowest salt intake were actually more likely to die for heart-disease related death.*

55. 5) What should people with high blood pressure do?

56. *People with high blood pressure should reduce salt intake.*

57. 6) What does the research fail to do?

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解答: (29) 2 (30) 1 (31) 1

Type B 日本語訳なし

2[B] -Salt and Health

eTOCのレッスン以外で使用禁止 AP1E11-3

61. The U.S medical establishment has (29) that a high salt intake
62. increases the risk of heart disease. It has tried for years to persuade Americans
63. to eat less salt, and in April 2010, a leading health policy research organization
64. called for strict regulations to control the amount of salt manufacturers can put
65. into foods Critics, however, claim this may be taking things too far.

*Choose the correct answer to fill in the blank from these choices.

- | | | | |
|------------|----------------------------|---|------------------------|
| 66. (29) 1 | changed its view | 2 | continually insisted |
| 67. 3 | recently warned the public | 4 | presented new evidence |

Further Questions&A

68. 1) What does a high intake of salt do?

69. 2) What does the US medical establishment tried for years?

70. Recently, a team of researchers in Belgium released the results of a study in
71. which they followed 3,681 people over an eight- year period. They found that
72. those with the lowest salt intake were actually more likely to die from
73. heart-disease-related deaths. (30), scientists at the Albert Einstein College
74. of Medicine in New York found that patients on low-salt diet had a greater risk
75. of dying from heart disease. The Belgian researchers admit their study had
76. limitations – only health subjects were recruited- and agree that people with high
77. blood pressure should reduce salt intake. However, they claim their findings show

78. there is no link between high salt consumption and increased risk of heart
79. disease in healthy people.

*Choose the correct answer to fill in the blank from these choices.

80. (30) 1 Similarity 2 Nevertheless
81. 3 Of course 4 As a result

Further Questions&A

82. 3) What kind of study did the researchers in Belgium released?
83. 4) What will most likely to happen to people with low salt intake?
84. 5) What should people with high blood pressure do?

85. The issue is (31). The U.S. medical establishment maintains its position,
86. but the research fails to reach consensus. The only thing scientists know for sure
87. is that salt affects different individuals in different ways. The question is
88. whether all American should eat less salt if the health risk only extends to a
89. small portion of the population.

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90. (31) 1 still being debated 2 being avoided by researchers
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Further Questions&A

92. 6) What does the research fail to do?
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Review Question

94. 1) What does a high intake of salt do?
95. 2) What does the US medical establishment tried for year?
96. 3) What kind of study did the researchers in Belgium released?
97. 4) What will most likely to happen to people with low salt intake?
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解答: (29) 2 (30) 1 (31) 1