

4[B] – Junior Cooks



Lesson14 P2 Chobun TypeB

9.1(4B)AP2E

1. Many Americans are worried about the number of children in the United States
2. who are overweight.
3. A recent study showed that 19 percent of children between the ages of 6 and 11
4. weigh too much.
5. One reason for this is that some parents give their children convenience foods or
6. take them to eat at fast-food restaurants.
7. Another is that when children buy food and drinks, they often choose unhealthy
8. items.
9. (**36**), many children prefer sweet drinks like cola to healthier drinks
10. like milk.

*Choose the correct answer to fill in the blank from these choices.

11. **(36)** 1 Luckily 2 For example 3 Even then 4 On the other hand

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21. candies and soft drinks. In 2000, an organization called the Junior League
22. started a new program. In this program, the Junior League invites children to
23. meetings where cooks explain how to prepare healthy snacks and meals.

*Choose the correct answer to fill in the blank from these choices.

24. **(37)** 1 quicker 2 cheaper 3 better 4 colder

Further Questions&Sample Answers



25. **3)-37** Why do some people think teaching children to cook is good?
26. *When children become interested in cooking, they eat better food.*
27. **4)-37** What's the Junior League?
28. *It's an organization that teach children to prepare healthy meals.*

29. Cookbooks for children are also becoming more popular.
30. In the past, children's cookbooks were often boring because they only introduced
31. very (**38**) meals.
32. Recently, though, these cookbooks have become much more interesting.

33. They have many dishes that are more difficult to make, and they also have
 34. information about healthy eating.
 35. Some teach children how to make food from other parts of the world, such as
 36. sushi rolls from Japan and bibimbap from Korea.
 37. In this way, they show children that eating healthily is not only good for you,
 38. but also fun.

*Choose the correct answer to fill in the blank from these choices.

39. (38) 1 simple 2 exciting 3 secret 4 heavy

Further Questions&Sample Answers



40. 5)-38 Why are recent cookbooks for children more interesting than before?
 41. ①-They have dishes that are more difficult to make.
 ②-They have information about healthy eating.

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48. (36) 1 Luckily 2 For example 3 Even then 4 On the other hand
 49. (37) 1 quicker 2 cheaper 3 better 4 colder
 50. (38) 1 simple 2 exciting 3 secret 4 heavy

Example sentences:

*It must take a long time but Try to use these vocabularies one by one in the sentences of your original one. Teacher must show them your for example sentence before ask.

51. (36)
 52. 1 I tripped and fell yesterday. Luckily, I fell on the grass and wasn't hurt.
つまづく 転(ころ)んだ けがをさせる
 53. 2 I bought many things at the supermarket, for instance apples, milk and cheese.
買(か)った はしご 届(とど)く
 54. 3 I used the ladder, but even then I couldn't reach the ball in the tree.
 55. 4 I could watch the news on channel On the other hand, channel 8 is showing a
 56. new movie.

57. (37)
58. 1 If we take the plane we'll get there **quicker** than if we went by car.
59. 2 Things at the big supermarket are usually **cheaper** than the smaller stores.
60. 3 The new iPhone is **better** than last year's iPhone.
61. 4 It is **colder** in Canada than it is in Taiwan.

62. (38)
63. 1 The problem looks difficult, but it is **simple** if you know how to do it.
64. 2 The fireworks display was very **exciting**.
花火 (はなび)
65. 3 I know a **secret** in that game to get more power.
風船 (ふうせん)
66. 4 Balloons can be very big, but they are not **heavy**.

Answers for "Vocabularies".

67. (36) 1 Luckily 2 For example 3 Even then 4 On the other hand
68. (37) 1 quicker 2 cheaper 3 better 4 colder

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77. *When children become interested in cooking, they eat better food.*
78. 4)-37 What's the Junior League?
79. *It's an organization that teach children to prepare healthy meals.*
80. 5)-38 Why are recent cookbooks for children more interesting than before?
81. ①-*They have dishes that are more difficult to make.*
82. ②-*They have information about healthy eating.*
83. ③-*They teach children how to make food from other parts of the world.*
84. 6)-38 What do cookbooks for children show?
85. *They show children that eating healthily isn't only good for you, but fun.*
86. 7)-38 Can you cook? What can you cook?
87. *I can't cook well, but I can make grilled cheese sandwiches and burritos.*

日本語訳付

4[B] – Junior Cooks



Lesson14 Pre2 chobun dokkai

9.1(4B)AP2E

88. Many Americans are worried about the number of children in the United States who are overweight .
たくさん の アメリカ人 (じん) ~について心配 (しんぱい) している ~の数 (かず) 子供 (こども) 太 (ふと) り過 (す) ぎの
89. A recent study showed that 19 percent of children between the ages of 6 and 11 weigh too much.
最近 (さいきん) の 研究 (けんきゅう) 示 (しめ) す ~の間 (あいだ) 年齢 (ねんれい) 重 (おも) さがある
90. One reason for this is that some parents give their children convenience foods or take them to eat at fast-food restaurants.
理由 (りゆう) 両親 (りょうしん) インスタント食品 (しょくひん)
91. Another is that when children buy food and drinks, they often choose unhealthy items .
もうひとつの 買 (か) う しばしば 選 (えら) ぶ 不健康 (ふけんこう) な 品目 (ひんもく)
92. (36), many children prefer sweet drinks like cola to healthier drinks like milk.
~を好 (この) む 甘 (あま) い ~のような より健康的 (けんこうてき) な ~のような



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100. ~~many parents take their children to fast food restaurants.~~

③-When children buy food, they often choose unhealthy items.

101. Some people think that the answer to this problem is to teach children to cook.
何人 (なんにん) か 解決策 (かいけつさく) 問題 (もんだい) 教 (おし) える

102. They say that when children become interested in cooking, they begin to want to eat (37) food.
興味 (きょうみ) を持 (も) つようになる 始 (はじ) める

103. They ask their parents for healthier meals and buy fewer candies and soft drinks. In 2006, an organization called the Junior League started a new program.
頼 (たの) む 食事 (しょくじ) より少 (すく) ない 組織 (そしき) 計画 (けいかく)

104. In this program, the Junior League invites children to meetings where cooks explain how to prepare healthy snacks and meals .
年少 (ねんしょう) の 招待 (しょうたい) する 説明 (せつめい) する どのように 調理 (ちょうり) する 軽食 (けいしょく) 食事 (しょくじ)

105.

*Choose the correct answer to fill in the blank from these choices.

106. (37) 1 ^{急速 (きゅうそく) な} **quicker** 2 ^{より安 (やす) い} **cheaper** 3 ^{より良 (よ) く} **better** 4 ^{より寒 (さむ) い} **colder**

Further Questions&Sample Answers 

107. **3)-37** Why do some people think teaching children to cook is good?
 108. ^{いちぶ} ^{ひとびと} ^こ ^{りょうり} ^{おし} ^{こと} ^よ ^{かんが}
 なぜ一部の人は子どもたちに料理を教える事が良いと 考えていますか。
 109. *When children become interested in cooking, they eat better food.*
 110. **4)-37** What's the Junior League? Junior League とはなんですか。
 111. *It's an organization that teach children to prepare healthy meals.*

112. ^{料理 (りょうり) の本 (ほん)} ^{その上 (うえ)} ^{~になること} ^{より} ^{人気 (にんき)}
 Cookbooks for children are also becoming more popular. In the
^{昔 (むかし)} ^{退屈 (たいくつ) な} ^{なぜならば} ^{ただ}
 past , children's cookbooks were often boring because they only
^{紹介 (しょうかい) する}
 introduced very (**38**) meals.
^{最近 (さいきん)} ^{しかし} ^{おもしろい}

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Further Questions&Sample Answers 

118. **5)-38** Why are recent cookbooks for children more interesting than before?
 119. ^{さいきん} ^こ ^{りょうりほん} ^{いぜん}
 なぜ最近の子どもたちの料理本は以前よりおもしろくなっているのですか。
 120. **①** *They have dishes that are more difficult to make.*
 121. **②** *They have information about healthy eating.*
 122. **③** *They teach children how to make food from other parts of the world.*
 123. **6)-38** What do cookbooks for children show?
 124. ^こ ^む ^{りょうりほん} ^こ ^{なに} ^{しめ}
 子ども向けの料理本では子どもたちに何を示していますか。
 125. *They show children that eating healthily isn't only good for you, but fun.*
 126. **7)-38** Can you cook? What can you cook? ^{りょうり} ^{なに} ^{つく}
 あなたは料理ができますか。何を作れますか。
 127. ^{上手 (じょうず) に} ^{焼 (や) いた}
I can't cook well , but I can make grilled cheese sandwiches and
^{ブリトー}
 burritos.

Vocabularies: Try to memorize these words yourself without looking at the Japanese translations.

For Teachers: Have the student read the word in English, correct their pronunciation then say it together. Then have the student say it in Japanese before saying again in English. After you have done this for each line, go back to the first word and have the student translate it.

129. (36) 1 Luckily 2 For example 3 Even then 4 On the other hand
 130. (37) 1 quicker 2 cheaper 3 better 4 colder
 131. (38) 1 simple 2 exciting 3 secret 4 heavy

Example sentences: *It must take a long time but Try to use these vocabularies one by one in the sentences of your original one. Teacher must show them your for example sentence before ask.

132. (36)1 I tripped and fell yesterday. Luckily, I fell on the grass and wasn't hurt.
つまづく 転(ころ)んだ けがをさせる
 133. 2 I bought many things at the supermarket, for instance apples, milk and cheese.
買(か)った
 134. 3 I used the ladder, but even then I couldn't reach the ball in the
使(つか)った はしご 届(とど)く

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143. 4 Balloons can be very big, but they are not heavy.
風船(ふうせん)

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Answers for "Vocabularies".

144. (36) 1 Luckily 2 For example 3 Even then 4
運良(うんよ)く 例(たと)えば その時(とき)でさえ
 もう一方(いっぽう)では
On the other hand
 145. (37) 1 quicker 2 cheaper 3 better 4 colder
急速(きゅうそく)な より安(やす)い より良(よ)く より寒(さむ)い
 簡単(かんたん)な わくわくする 秘密(ひみつ)の 重(おも)い
 146. (38) 1 simple 2 exciting 3 secret 4 heavy

Review Questions



147. 1)-36 What percentage of children in the United States are overweight?
 148. 19 percent of the children between the ages of 6 and 11 are overweight.

149. 2)-36 What's one reason that children are overweight?
150. ①-Many parents give their children convenience food.
151. ②-Many parents take their children to fast food restaurants.
152. ③-When children buy food, they often choose unhealthy items.
153. 3)-37 Why do some people think teaching children to cook is good?
154. When children become interested in cooking, they eat better food.
155. 4)-37 What's the Junior League?
156. It's an organization that teach children to prepare healthy meals.
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