



## INTERMEDIATE Diabetes in U.S. rising sharply

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nave diabetes. This is about eight per cent of the population.

Experts say the disease is becoming a silent killer. It is also causing a great strain on America's health service. The only way for America to control the escalating levels of diabetes is through educating people about the dangers of the disease. A CDCP spokeswoman, Karen Kirtland, told the Reuters news agency: "The hope and the message is that if people are kind of changing their lifestyles, doing the things that are good for them, then hopefully we can reverse the trend." Many other studies suggest Americans are not leading healthier lifestyles. A diabetes specialist warned the numbers of new cases would continue to rise sharply because Americans showed no signs changing their eating and exercise habits.

INTERMEDIATE

**Diabetes in U.S. rising sharply**

**BEFORE READING / LISTENING**

**TRUE / FALSE**

Look at the article's headline and guess whether these sentences are true (T) or false (F):

- a. Diabetes has increased almost 100% in America in the past decade.
- b. More new cases of diabetes were reported in 2007 than in 1997.
- c. Americans are eating less fast food and getting more exercise.
- d. In the U.S.A. just over 23% of people have diabetes.
- e. It's easy for America's hospitals to cope with more diabetes patients.
- f. Education is necessary to reduce diabetes levels in the U.S.A.
- g. A spokeswoman said people are changing their lifestyles.
- h. An expert warned the number of American diabetics could rise.

**SYNONYM MATCH**

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- 10. sharply
- j. turn around

**PHRASE MATCH**

Match the following phrases from the article

(sometimes more than one. combination is possible):

- |  |                             |
|--|-----------------------------|
| 1. The rate of diabetes in the USA has     | a. the trend                |
| 2. there was now an                        | b. of the population        |
| 3. This is a recipe for                    | c. America's health service |
| 4. one of the biggest reasons              | d. to rise sharply          |
| 5. This is about eight per cent            | e. almost doubled           |
| 6. causing a great strain on               | f. of changing              |
| 7. control the escalating                  | g. epidemic in America      |
| 8. hopefully we can reverse                | h. for the rise in diabetes |
| 9. the numbers of new cases would continue | i. disaster                 |
| 10. Americans showed no signs              | j. levels of diabetes       |