

Unit 17. 食べ物 Food(1)



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Let's learn together

food- Any nutritious substance that people or animals eat or drink, or that plants absorb, in order to maintain life and growth.

substance- Essential nature; essence.

essential- Basic or indispensable; necessary

ingested- To take into the body by the mouth for digestion or absorption.

assimilated- To transform (food) into living tissue by the process of anabolism; metabolize constructively.

● *Let's Practice*

Useful Expressions

I'm so hungry.

I'm starving.

I'm ravenous.

No wonder

I'm in the mood

I'm starving to death

Conversation

Yasu : Oh, my tummy is crumbling. What time is it?

Lyn : It's 5 minutes to 12.

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Yasu : Sounds great ! Come on, I'm starving to death! grrrr...

Answer the following questions.

1. What is your favorite food and why?
2. What are junk foods?

● *Self-study*

Make a food chart. Write all the food that you eat everyday.