

ESP (English speaking Practice) –ADVANCED-HAPPINESS



# HAPPINESS

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Your teacher can send you the complete material.

Please ask them to send the complete version of this material before the lesson.

**3 Look at these reasons for happiness. Rank them in order from 1-6 (1 = the most important)**

- Friends and family
- Money
- Being married
- Being attractive
- Intelligence
- Not wanting more than you've got

**4 How do you define happiness?**

*\*Happiness is...*

**5 Can you make your neighbors happy? In what way?**

*\*Yes, I think I can make them happy by...*

## Extended questions



**1 How can people attain world happiness?**

*\*People can attain world happiness through...*

**2 Do you consider yourself an instrument of making others happy?**

*\*Yes, I do. / No, I don't.*

**3 Can money buy happiness?**

*\*Yes, I think... / No, I don't think...*

**4 Can you be happy if you are poor?**

*\*Yes, I can be happy. / No, I can't be happy.*

**5 Is happiness a goal in your life?**

*\*Yes, it is. / No, it isn't.*

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**B. A strong sense of happiness, power, or importance**

*Ex. She beams with exaltation.*

**2 Ecstatic /ɛk'stætɪk/**

**[adjective]** Very happy or excited: feeling or showing ecstasy

*Ex. He was ecstatic when he heard that he was going to be a father.*

**3 Exult /ɪg'zʌlt/**

**[verb]** A. **[no object]** to feel or show great happiness - often + at, in, or over

*Ex. The team exulted in their victory.*

B. **[+ object]** to say (something) in a very excited and happy way

*Ex. "That was the best meal I've ever had!" he exulted.*

- 4 **Jubilant** / ʤuːbələnt/  
[adjective] Feeling or expressing great joy; very happy  
*Ex. The jubilant winners of the competition.*
- 5 **Rapture** / ˈræptʃə/  
[plural: raptures] (Literary + formal ) A state or feeling of great happiness, pleasure, or love  
*[noncount.] Ex. We listened with rapture as the orchestra played.  
[count.: usually plural] Ex. This dessert will send people who like chocolate into raptures [=This dessert will be loved by people who like chocolate.]*

## Idioms / Useful Expressions



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- 3 **On cloud nine** - very happy, cheerful  
*Ex. I was afraid of the history exam, and when I managed to pass it, I was on cloud nine, I invited all my friends to a drink in a local pub.*
- 4 **Buzzing** - excited for something that's going to happen  
*Ex. I'm buzzing for the holidays. Imagine, we're going on a surfing trip in California.*
- 5 **Jump for joy** - very happy about something  
*Ex. She was jumping for joy when she discovered she had passed the board examinations.*