



# PERSONALITY

## Discussion

### Basic questions

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### Extended questions

**1 Are you an optimistic or pessimistic person? Why do you think so?**

*\*I think I'm a...person because...*

**2 Do you want to improve your personality? How could you do so?**

*\*Yes, I want to improve my personality by... / No, I don't want to improve my personality.*

**3 What should we do to help young children build a positive personality?**

*\*We should...to help young children build a positive personality.*

## Vocabulary

**1 optimistic /,ɒptɪ'mɪstɪk/**

(adj) hoping or believing that good things will happen in the future

*Ex. She is optimistic about her chances of winning a gold medal.*

**2 sociable /'souʃəbl/**

(adj) willing to talk and engage in activities with other people; friendly

*Ex. Rob's very sociable -he likes parties.*

**3 easy-going /'i:zi,gouɪŋ/**

[adj] relaxed and not easily upset or worried

*Ex. He is a friendly and easy-going type of guy.*

**4 self-confident /'self'kɒnfɪdənt/**

[adj] having belief or trust in their own ability.

*Ex. At school he was popular and self-confident.*



**5 humorous /'hju:mərəs/**

(adj) funny, or making you laugh

*Ex. My best friend is a humorous person.*

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**(adj) nervous and uncomfortable with other people**

*Ex. Children are often shy of people they don't know.*

## Grammar / Useful Expressions

**1 To take after: to be like (often another member of the family)**

*Ex. Sally takes after her father.*

**2 really/quite/pretty + adj**

*Ex. She's really outgoing. / I'm quite friendly. / He's pretty sociable.*

**3 kind of + adj**

*Ex. I'm kind of reserved.*

## Idioms

**1 to be the life and soul of the party** – to be a fun person, someone who is the centre of activity

*Ex. Give him a few drinks and he's the life and soul of the party!*

**2 bad egg** - someone who behaves in a bad or dishonest way

*Ex. He's a bad egg - don't believe anything he says!*

**3 A man of his word / woman of her word** - a person you can trust because they tell the truth and keep promises.

*Ex. Rae was a woman of her word - if she said she'd be here on Friday, she'd be here on Friday.*

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