



# SPORTS

## Discussion

### Basic questions

1 What sports do you play? How did you learn how to play them?

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*\*My favorite player is...*

6 Have you ever watched a live game?

*\*Yes, I have watched a live game. / No, I've never watched a live game.*

### Extended questions

1 What sports are popular in your country?

*\*The sports that are popular in my country are...*

2 Who is the most famous athlete in your country?

*\*The most famous athlete in my country are...*

3 What are the benefits of playing sports?

*\*The benefits of playing sports are...*

4 Do you think everybody should practice sports?

*\*Yes, I think everybody should practice sports. / No, I don't think everybody should practice sports.*

## Vocabulary

**1 basketball /'bɑ:skɪtbɔ:l/**

[noun] a game played by two teams of five players, using a large ball which players try to throw into a high net hanging from a ring

*Ex. Basketball is one of my favorite types of sports.*

**2 weight lifting /'weɪt,lɪftɪŋ /**

[noun] the activity of lifting heavy objects either as a sport or for exercise

*Ex. I'm going to do some weightlifting.*

**3 stretch /stretʃ/**

[verb] to make your body or your arms and legs straight so that they are as long as possible, in order to exercise the joints (place where two bones are connected)

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**compete against each other**

*Ex. There's a football match on TV at 9 p.m. tonight.*

**6 sporty /'spɔ:ti/**

(adj) [people] liking or good at sport

*Ex. I'm not very sporty.*

[clothes] bright and informal, looking like the type of clothes that you could wear for sports.

*Ex. Your shoes look sporty.*

**7 athlete /'æθli:t/**

[noun] a person who competes in sports/ a person who is very good at sports or physical exercise

*Ex. He became an Olympic athlete at the age of 16.*

## Grammar

- 1 **play + sports** : that you can play with others and win basketball, golf, baseball, football

*Example: I play basketball with my friends every weekend.*

- 2 **do + sports** : that you can do alone yoga, karate, taekwondo

*Example: A lot of women do yoga in their spare time.*

- 3 **go + nouns ending in -ing** : fishing, biking, bowling, swimming

*Example: My father promised that we will go fishing tomorrow.*

## Idioms / Useful Expressions



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**that you have lost**

*Ex. We need to recharge our battery for the game.*

*Ex. Mary has been working for 10 hours now and I think she should recharge her battery.*