

## Lesson 9: Holding a Grudge



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someone who has done something wrong.	<i>forgiveness for the lies I've told.</i>
<b>Nightmare</b> - a very upsetting or frightening dream, or an extremely unpleasant event or experience.	<i>I had a nightmare last night. A monster was trying to eat me.</i>

**Dialogue Reading:**

*Why am I hated by my own child?*

**Mom:** I really don't know why Chester's so cold towards me.

**Granny:** Did you talk to him?

**Mom:** No. Because every time I go to try talking with him, he runs away from me.

**Granny:** Why is that so? Children don't do that unless they feel upset towards someone and don't want to talk or play with them.

**Mom:** Is that so? Hmm, let me think. Oh, I remember! Maybe because I

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much?

**Mom:** Of course not! I won't let that happen mom.

**Granny:** I think that Chester hates you because you did something bad to him. You know what? You should to talk him and ask for forgiveness.

**Mom:** Yes, I will. I don't want that my son will grow with hated for me. That would be my greatest nightmare ever.

**Granny:** It's a good thing that you realized that now. It's still not too late.

**Exercise:**

*Answer the following:*

1. What is a grudge?

- a. a long-lasting feeling of sadness or discontent
- b. a strong feeling of gratefulness towards someone who treated you well
- c. a strong feeling of anger towards someone who treated you badly

2. What is forgiveness?

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- b. a feeling of loneliness
  - c. a pleasant dream
4. How would you feel if your child hated you?
5. What do you think is the right thing to do when your child does something wrong?