

Lesson 3: Overprotection Can Cause Childhood Anxiety



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danger, defeat, or loss.	<i>in this fog.</i>
Anxiety - an uncomfortable feeling of worry about something that is happening or might happen, or a cause of this.	<i>Don't you have any fears or anxieties about middle age?</i>

Dialogue Reading:

I'm already a big kid

Mom: Lisa, don't forget to drink your milk before going to school.

Lisa: I know mom.

Mom: Don't forget to take your vitamins too after eating your breakfast.

Lisa: Yes mom, got it!

Mom: Maybe it will rain later, don't forget to bring you umbrella.

Lisa: Mom, I will.

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Lisa: Mom, you're making me worry a lot, you make me feel as if I can't handle things on my own.

Mom: Oh! I'm sorry for you feel that way. I'm just reminding you, you know.

Exercise:

Answer the following:

1. What is overprotective?
 - a. an act to make someone safe
 - b. wishing to protect someone too much
 - c. accompanying someone everywhere
2. What is risk?
 - a. the possibility of danger

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- c. lacking compassion for other people
4. Are you an overprotective parent? Why or why not? What precautions do you take with your children?
5. What are the advantages and disadvantages of being overprotective?