

Lesson 7: Parental Alcohol and Substance Abuse



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Please ask them to send the complete version of this material before the lesson.

Substance abuse - the use of drugs or alcohol in a way that damages a person's life.	<i>His substance abuse has ruined his life.</i>
Involve - to include someone or something in an activity.	<i>The accident involved two cars and a truck.</i>

Dialogue Reading:

You're out of control

Dad: Leave me alone! So what if I always drink and smoke? Who are you to stop me?!

Mom: Who am I to stop you?! I'm only your wife!

Dad: Shut up! I don't need you to lecture me about my activities! This is my life!

Mom: Fine! Maybe you should live your life on your own!

Sean: Mommy, are you fighting with daddy?

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Mom: I don't know dear.

Sean: We have to help him. I feel sorry for daddy.

Dad: Hey, you two! Stop mumbling in there and go back to sleep! Now!

Sean: I'm scared now mommy, let's go.

Mom: Ok! Let's leave him there. I will sleep with you.

Sean: I am scared of him. He is not the daddy I used to know.

Exercise:

Answer the following

1. What is abuse?
 - a. hitting someone as part of a sport
 - b. causing someone harm by accident
 - c. bad or cruel treatment of a person or animal
2. What is substance abuse?

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- c. to include someone or something in an activity
4. What do you think would happen to your family if you engaged in substance abuse?
5. What effects do you think parents who abuse substances have on children?