

Lesson 2: Family Stress



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	<i>apart we keep in touch by phone.</i>
Difficult - not easy or simple; hard to do or to understand.	<i>It's a difficult choice, but I've got to decide which job is better.</i>

Dialogue Reading:

I need to take a break!

Marie: I'm so tired of this family! It always gets on my nerves when dad and mom about what they should do to make our family better.

Jo: Relax! You aren't the one who's in that situation.

Marie: What do you mean?!

Jo: I mean you aren't carrying the whole world on your shoulders.

Marie: Do you know how it feels being torn apart by your parents?

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Marie: I really don't know what to do. I am so stressed out about my family.

Jo: I feel you. It must be hard for you to have to think about it and decide what to do.

Marie: I can't take it anymore. My parents can't go a day without fighting!

Exercise:

Answer the following:

1. What does it mean to get one someone's nerves?

- a. to be very patient with someone
- b. to annoy someone a lot
- c. to be impatient

2. What is apart?

- a. separated by a distance

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- c. something that no one is able to do

4. Why do we sometimes feel stressed when it comes to our family?

5. How do you handle stress in your family?