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G2 Reading & Speaking Practice Lesson #34

Story

These days, people in Japan are becoming more careful about their health. This **trend** has created new business opportunities for food companies. Such companies now make various products for people trying to lose weight. Many of them have

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quick-and-easy

diets

avoid

Questions

- 1) What are people in Japan doing these days?
They are becoming more careful about their health.

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2) What has this trend created?

It has created new business opportunities for food companies.

3) What do some companies now make?

They now make various products for people trying to lose weight.

4) Why do some people avoid buying diet products

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weight loss products?

Because many companies that make them either lie or exaggerate what the products can do.

7) Do you think it is healthy for people to be worried about their health?

No, I don't. But I think it is better for people to

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exercise more than to try to lose weight with quick-and-easy diets.

8) Why is it important for people to be careful about their health?

Because if they are not careful about their health then they may have a lot of trouble with illnesses in the future.

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