

GP2 Reading & Speaking Practice Lesson #39

Story

These days, more and more people are interested in exercising. However, many have **trouble** exercising because of their busy lifestyles. Now, some **fitness centers** stay open 24 hours a day, and by doing so they help people **find time for** exercise. It is

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- 1) What are more and more people interested in?
They are interested in exercising.
- 2) Why do many people have trouble exercising?
Because of their busy lifestyles.
- 3) How do fitness centers help people find time for exercise?
By staying open 24 hours a day.

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4) What is it important for people to do?

It is important for people to try to live active lifestyles.

5) Do you go to fitness centers?

Yes, I do. I regularly work out at a fitness center.

No, I don't. I don't have time to go to a fitness center.

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