

## Extreme Sports and Other Sports.



### ◇ Dialogue

A. Are extreme sports popular in your country?

B. They're not very popular. Only a relatively small number of people do them. Many people enjoy watching them on the TV. There's a very popular TV programme on each week, which looks at extreme sports and the people who participate in them.

A. Which sports are usually featured on the programme?

B. Bungee jumping, skydiving, and cliff diving are the most common, but there are other kinds of sports, such as motor racing and skateboarding.

A. I think that the people who do the skateboarding are very skilled. It must take a lot of practice to stay on the skateboard whilst doing so many jumps and turns

B. The kids who do it are so young. Well, it's better for them than sitting at home watching the TV all day!

A. Would you like to try any extreme sports?

B. I'm going bungee jumping on Saturday. I'm very nervous about it, but my friends convinced me to give it a try.

A. I'm sure you'll be safe. The organizers have lots of safety procedures. Can I come and watch?

B. I guess so. You might even be tempted to do a bungee jump.

A. I might. It's something I've often thought about doing.

### ◇ Useful Expressions

1. It's expensive, but the facilities and slopes are excellent.
2. Only a relatively small number of people do them.
3. There's a very popular TV programme on each week.
4. Which sports are usually featured on the programme?
5. Bungee jumping, skydiving, and cliff diving are the most common.
6. The organizers have lots of safety procedures.
7. You might even be tempted to do a bungee jump.
8. It's something I've often thought about doing.

### ◇ Vocabularies

**Skydiving-** Performing acrobatics in free fall before pulling the rip cord of a parachute

**Example:** "skydiving is a hazardous sport"

**Cycling-** Cause to go through a recurring sequence

**Example:** "cycle the laundry in this washing program"



**Skiing-** (sport) move along on skis

**Example:** "We love to ski the Rockies"; "My children don't ski"

**Shooting-** The act of firing a projectile

**Example:** "his shooting was slow but accurate"

**Wrestling-** The act of engaging in close hand-to-hand combat

**Example:** "we watched his grappling and wrestling with the bully"

### ✧ Phrases

- ◆ Take part in a race/an event
- ◆ Extreme sports
- ◆ Do... As a hobby
- ◆ Participate in
- ◆ Take up skiing/judo

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