

# Sweat Idioms

## Sweat Idioms Lesson 24 - Beginners



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完全版テキストはレッスン前に担当講師から受け取って下さい

講師のスカイプチャットにテキスト名を送って下さい

Your teacher can send you the complete material.

Please ask them to send the complete version of this material before the lesson.

- become nervous or irigntened about something

I broke into a cold sweat when I went to tell my teacher what I had done wrong.

### **by the sweat of one's brow**

- by one's hard work or effort

The restaurant owner built his business by the sweat of his brow.

### **sweat it out**

- wait patiently until something bad or unpleasant ends

We had to sweat it out in a small town with no food while our car was being repaired.

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