

## 15. Why Gray Hair Grows



It's hard to imagine that those lovely locks of blond or brunette hair on your head may someday change color so dramatically. But your hair doesn't turn white from a lifetime of watching really scary horror movies. Instead, it's actually revealing its natural beauty. Hair loses much of its color because it's losing its melanin or carotene, which are your body's natural coloring substances (also known as pigments).

★Teacher will ask this question first "Are there any words you don't understand?" after explain those  
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Your teacher can send you the complete material.

Please ask them to send the complete version of this material before the lesson.



So when exactly will your hair start turning gray? It'll probably depend on your own biological time-clock, as set by the genes you've inherited from your parents, your parents' parents, and beyond. And that explains why some people get gray hair while they're still in their teens and twenties--the melanin-producing cells of those people were set to stop working much sooner than others. But if this happens to you, don't fret over your follicles. There's nothing wrong with showing maturity at an earlier age!



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